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1 **Nutrition and pathology of weaner pigs: Nutritional strategies to**
2 **support barrier function in the gastrointestinal tract**

3
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14
15 *Abbreviations: AA: Amino acid, AGP: antibiotic growth promotants, BCFA:*
16 *branched-chain fatty acids, CMC: carboxymethylcellulose , CP: crude protein, E. coli:*
17 *Escherichia coli, ETEC: enterotoxigenic E. coli, FCR: feed conversion ratio, GIT:*
18 *gastrointestinal tract, iNO: inducible nitric oxide synthase, N: nitrogen, NDF: neutral*
19 *detergent fibre, NO: nitric oxide, NSP: non-starch polysaccharides, PE: proliferative*
20 *enteropathies, PIS: porcine intestinal spirochaetosis, PWC: post-weaning*
21 *colibacillosis, SD: Swine dysentery, TEER: transepithelial electrical resistance, ZnO:*
22 *zinc oxide, ZO: zonula occludens.*

23

24 **Abstract**

25 Factors including sub-optimal nutrient and energy intake associated with
26 lowered digestion and absorption, immature immune function, and psychosomatic
27 factors caused by weaning can compromise intestinal barrier function through
28 mucosal damage and alteration of tight junction integrity. As a consequence, pigs at
29 weaning are highly susceptible to pathogenic enteric diseases such as post-weaning
30 colibacillosis (PWC) caused by enterotoxigenic *Escherichia coli*. Dietary components
31 such as protein, non-starch polysaccharides, and minerals are known to influence
32 microbial growth in the gastrointestinal tract as undigested nutrients then become
33 available for bacterial growth. This article reviews the association between dietary
34 components, intestinal bacterial growth, intestinal barrier function, and enteric disease
35 in weaner pigs with special emphasis on PWC. Evidence presented in this review
36 indicates that the pathogen-originated diseases such as PWC are closely associated
37 with dietary components and intestinal barrier functions can be maintained through
38 manipulation of dietary protein, NSP and mineral levels. Especially, the use of a
39 reduced protein diet for at least 7 days immediately after weaning, limitation of
40 viscosity-increasing soluble NSP content while including 20 – 80 g/kg insoluble NSP
41 source in the diet, and limitation of iron to 100 mg/kg are important dietary strategies
42 to maintain intestinal barrier function and to minimise PWC.

43

44 *Key words:* Enteric disease; Intestinal barrier function; Mineral; Non-starch
45 polysaccharides; Post-weaning colibacillosis; Protein.

46

47 **1. Introduction**

48 Weaning is the most significant event in the life of pigs as they are abruptly
49 forced to adapt to nutritional, immunological and psychological disruptions. Sows'
50 milk that is highly digestible and high in protein, fat and lactose is replaced by a dry
51 and less-digestible starch-based diet (Williams, 2003) causing significantly reduced
52 energy intake for maintenance of epithelial structure (Pluske et al., 1996b), reduced
53 transmucosal resistance (Spreeuwenberg et al., 2001; Boudry et al., 2004) and
54 increased secretory activity in the small intestine (Boudry et al., 2004). Damage to the
55 epithelial layers also decreases nutrient digestibility which provides more substrates
56 for pathogen proliferation (Pluske et al., 2002), increases production of epithelial

57 irritants such as ammonia (Heo et al., 2009), and increases pathogen attachment and
58 penetration through the transcellular and paracellular pathways (Moeser and
59 Blikslager, 2007). Innate and adaptive immune system of weaner pigs are yet to be
60 fully developed and specialized whilst passive immunity from the sows' secretions are
61 depleted at weaning (King and Pluske, 2003; Gallois et al., 2009). Young pigs also
62 have to cope with psychological stressors at weaning such as separation from the sows,
63 mixing with unfamiliar littermates and establishment of the social hierarchy within the
64 group, which are known to increase cortisol release and corticotrophin-releasing
65 factor receptor expression in the intestine of weaned pigs (Moeser et al., 2007). These
66 stressors can increase paracellular and transcellular permeability and therefore
67 eventually increases translocation of antigen and bacterial lipopolysaccharides across
68 the mucosal barrier (Moeser et al., 2007; Smith et al., 2010). Since the ban of
69 antibiotic growth promotants (AGP) in the European Union, numerous additives,
70 management and dietary strategies have been studied to address the abovementioned
71 consequences at weaning without AGP, and a substantial number of review papers
72 dealing particularly with the range of feed additives available have been published (eg,
73 Gallois et al., 2009; Lalles et al., 2009). Also, associations between amino acids and
74 immune function are reviewed by Li et al. (2007), Ball (2008) and Seve et al. (2008).

75

76 Nevertheless, pigs at weaning remain susceptible to a number of bacterial and
77 viral diseases but the most significant diseases that at least partly associated with the
78 dietary components at weaning are the pathogenic bacteria-originated diseases, which
79 can cause diarrhoea after weaning. These diseases include post-weaning colibacillosis
80 (PWC) caused by serotypes of enterotoxigenic *Escherichia coli* (ETEC), the
81 proliferative enteropathies (PE), caused by *Lawsonia intracellularis*, salmonellosis
82 caused by *Salmonella S.*, porcine intestinal spirochaetosis (PIS) caused by
83 *Brachyspira pilosicoli*, and swine dysentery (SD) caused by *Brachyspira*
84 *hyodysenteriae*. Among these pathogen-originated diseases PWC occurs in the first 2
85 weeks post-weaning period while others are generally occurs 4-6 weeks after weaning.
86 While the ETEC and *Lawsonia intracellularis* specifically affect the small intestine,
87 *Brachyspira pilosicoli* and *Brachyspira hyodysenteriae* are known to colonize in the
88 large intestine (Hampson and Pluske, 2004; Pluske and Hampson, 2009). Therefore,
89 different dietary components depending on their solubility, digestibility, viscous-
90 forming ability and acid buffering ability can prevent or promote proliferation and

91 colonization of these pathogens in the different part of the intestine. Although the data
92 predominantly generated from the grower-finisher pig studies, including detailed
93 aetiology of these disease and relationships between dietary treatment and onset,
94 development and severity of the diseases are described elsewhere (Pluske et al., 2002;
95 Hampson and Pluske, 2004; Pluske and Hampson, 2009) and will not be repeated in
96 this review. Moreover, the pathogenic bacterial-originated diseases that are known to
97 be influenced by dietary components but not common at immediate post-weaning
98 period, such as PIS, SD and stomach ulcers caused by *Helicobacter S.* will also be
99 excluded. Also, evidence for relationships between the PE and dietary components are
100 not explored yet at a meaningful level and reviewed recently (Pluske and Hampson,
101 2009). Therefore, this review will concentrate on the role of nutrition on PWC at
102 immediate post-weaning period (i.e., first 2 weeks after weaning) and will review
103 recent evidence concerning the effects of dietary components that are responsible for
104 intestinal barrier function under ETEC infection.

105

106

107 **2. Intestinal barrier function**

108 The mucosal epithelium is the primary ‘barrier’ between the internal milieu
109 and the so-called “external environment”, which consists of nutrients and harmful
110 elements such as pathogens and antigens. This epithelial ‘barrier’ is protected
111 externally by the unstirred water layer and mucus, and internally by the tight junctions
112 between enterocytes. These external and internal barriers regulate selective passage of
113 molecules, thereby protecting entry of pathogens and antigens into the system.
114 Although, roles of the unstirred water layer as a barrier are generally not well
115 understood, it is known that the unstirred water layer acts as a diffusion barrier and is
116 known to limit the entry of fat-soluble components, except forms that are solubilized
117 by micelles (Farhadi et al., 2003).

118 Underneath the unstirred water layer, a high molecular weight mucus layer
119 covers the enterocytes and prevents damage by endogenous and bacterial proteases
120 and acidic damage in the stomach and duodenum. In addition to this physical
121 protection, the mucus layer is known to selectively block entry of macromolecules
122 such as enzymes and antigens while being permeable to nutrients, and provides
123 pathogen colonization resistance by adhesion of commensal bacteria in the luminal

124 surface (Montagne et al., 2004). Therefore, mucus-bound commensal microbes are
125 important for competitive exclusion of intestinal pathogens. For example, feeding
126 probiotic strains such as *Bifidobacterium lactis* and *Lactobacillus rhamnosus*
127 inhibited mucosal adhesion of *E. coli*, *Salmonella enterica* serovar Typhimurium and
128 *Clostridium difficile* in the pig's small and large intestine via pathogen exclusion,
129 displacement and competition in vitro (Collado et al., 2007). Also, the quantity and
130 maturity of mucins covering the epithelial surface are important factors for optimum
131 pathogen resistance. For example, as neutral mucins mature, sulfate and sialic acids
132 are detected and these mature mucins are more acidic and viscous and are highly
133 resistant to the bacterial proteases (Allen et al., 1982; Rhodes, 1989; Montagne et al.,
134 2004). In a rat study, both experimental suppression of mucus production from goblet
135 cells using colchicine and thinning mucous gel layer using mucolytic agent N-acetyl
136 cysteine increased small intestinal permeability of fluorescein isothiocyanate dextran,
137 showing the importance of mucous layer thickness and mucin production for intestinal
138 barrier function (Boshi et al., 1996).

139 Enterocytes are adjoined by a paracellular diffusion barrier called a tight
140 junction. Tight junctions consist mainly of the transmembrane protein complexes
141 claudins and occludins and the cytosolic proteins zonula occludens (ZO-1, ZO-2 and
142 ZO-3), which join the transmembrane proteins to the cytoskeletal actins. These
143 structural proteins provide connections between the cytoskeletons of adjacent
144 enterocytes (Mitic et al., 2000; Anderson, 2001). Alterations of tight junction protein
145 formation and distribution through dephosphorylation of occludins, redistribution of
146 ZO, and alteration of actomyosin through phosphorylation of myosin light chains
147 causes intestinal paracellular barrier dysfunction. Enteric pathogen and endotoxin
148 translocations are known to increase paracellular permeability through tight junction
149 alterations (Berkers et al., 2003; Groschwitz and Hogan, 2009).

150 Enterocytes also act as a barrier via the roles of energy-dependent transporters
151 and channels in the apical and basolateral cell membranes. However, the regulatory
152 mechanisms of transcellular pathways are not well understood. ETEC uses
153 extracellular projections of protein poles - pili or fimbria - to attach to the specific
154 receptors in the apical membrane of the enterocytes. Production of exotoxins (heat
155 labile enterotoxin LT, Shiga-like toxin type II) and enterotoxins (heat stable STa and
156 STb) trigger fluid excretion and immune system stimulation (Madec et al., 2000).
157 Subsequent uptake of toxins, antigens and pathogens through transcellular and

158 paracellular pathways trigger inflammation and post-weaning diarrhoea, and nutrition
159 is known to play important roles for the maintenance of intestinal barrier function
160 (Pluske et al., 2002; Vente-Spreuwenberg and Beynen, 2003; Pluske and Hampson,
161 2009).

162

163 **3. Intestinal responses to *E. coli* infection and PWC**

164 When pigs are infected with ETEC, the primary cellular response is excretion
165 of cell fluid and electrolytes into the lumen as LT induces secretion of chloride,
166 sodium, bicarbonate ions and water through activation of the adenylyl cyclase-cyclic
167 AMP system of the enterocytes, and ST (STa and STb) reduces enterocytes' ability to
168 absorb sodium and chloride from the lumen via interaction with the guanylyl cyclase-
169 cyclic GMP system (Hopwood et al., 2006). Another pathway that contributes to
170 intestinal chloride secretion is the production of nitric oxide (NO). It has been shown
171 in a colonocyte model that NO stimulates chloride secretion via elevation of
172 intracellular cGMP levels (Rolfe and Milla, 1999). ETEC proliferation can activate
173 inducible nitric oxide synthase (iNOS) expression, which is an enzyme converting L-
174 arginine to L-citrulline to produce NO and hence stimulate chloride secretion. In
175 addition a neuropeptide galanin (Hecht et al., 1999), which is produced by the enteric
176 nervous system and modulates intestinal motility and prostaglandin (Eckmann et al.,
177 1997), is known to increase chloride secretion and induce secretory diarrhoea.

178 The secondary response of the ETEC infection is increased paracellular
179 permeability either through actomyosin ring alteration or occludin dephosphorylation
180 and ZO-1 redistribution, which significantly decreases transepithelial electrical
181 resistance (TEER, a technique to measure paracellular permeability) of the small
182 intestine (Berkers et al., 2003). The loosening of the tight junction due to ETEC
183 infection, therefore, further increases invasion of antigens, toxins and pathogens into
184 the circulatory system and can trigger inflammatory cascades (or immune system
185 activation) that results in the production of cytokines and chemokins (communication
186 molecules between immune cells and other body cells) and recruitment of
187 inflammatory cells (Berkers et al., 2003).

188 The inflammatory response and subsequent production of cytokines and acute
189 phase proteins reduces protein deposition and growth in animals. For example,
190 Williams et al. (1997) demonstrated that pigs with high immune system activation

191 showed decreased daily gain (11%), feed intake (29%), body protein accretion (38%)
192 and increased FCR (20%) compared with pigs with low immune system activation,
193 between 6 and 27 kg body weight. Moreover, Breuille et al. (1994; 1998) used an *E.*
194 *coli* infection model in rats and reported that infected rats showed enhanced liver
195 protein synthesis (33% vs. 15%) whilst muscle protein synthesis was significantly
196 decreased.

197 Therefore, nutritional strategies to maintain intestinal barrier function and
198 reduce introduction of pathogens and toxins are pivotal steps for success of weaning
199 production systems. Such nutritional strategies (e.g., manipulation of dietary protein
200 and NSP content) should be able to reduce pathogen proliferation in the
201 gastrointestinal tract (GIT) and prevent pathogen invasion through the intestinal
202 barriers. Therefore, dietary strategies in relation to intestinal pathogen proliferation
203 and intestinal barrier function will be discussed with special emphasis on dietary
204 protein and carbohydrate fractions. Recent findings of some minerals in relation to
205 intestinal barrier functions will also be covered in the later part of the paper.

206

207 **4. Nutritional strategies to reduce pathogen proliferation**

208 **4.1. Dietary protein level**

209 Protein content of the diet for weaned pigs has traditionally been formulated
210 between 210 – 245 g/kg to support maximum lean growth of the modern genotype
211 (Cinq-Mars et al., 1988). However, piglets' ability to digest and absorb high protein
212 diets might be compromised as the pancreatic and brush border proteolytic enzyme
213 systems are not fully developed at weaning (Travid et al., 1993b; 1993a; Pluske et al.,
214 2003). The undigested dietary proteins along with endogenous proteins are subject to
215 bacterial fermentation in the distal small intestine and the large intestine, causing
216 increasing intestinal pH, pathogen proliferation, and production of intestinal irritants
217 such as ammonia (Halas et al., 2007). Consequences of the undigested protein
218 materials and subsequent fermentation on pathogen proliferation and intestinal barrier
219 function are significant during the immediate post-weaning period and have been
220 identified as one of the most important risk factors in the aetiology of PWC (Jeaurond
221 et al., 2008).

222

223 **4.1.1. Dietary protein and stomach barrier function**

224 Bacterial pathogens are introduced into the GIT mainly from faecal materials,
225 contaminated facilities and food sources through oral ingestion. Ingested bacterial
226 pathogens are generally eliminated by the acidic condition (pH <2) in the stomach,
227 although the gastric pH is increased immediately after feeding and decreases with
228 time. However, the acid producing ability of newly-weaned piglets is not complete
229 (Cranwell, 1995) and pH of the piglet stomach is highly variable between 2.2 to 4.2
230 (Wellock et al., 2008a), which increase pathogen survival and transit to the small
231 intestine, as acidification of diet (Overland et al., 2008) and water (De Busser et al.,
232 2010) significantly decreased *E. coli* and coliform populations in the small intestinal
233 digesta and faecal shedding of *E. coli*, respectively. This is heightened when piglets
234 overeat after fasting, such as after weaning, and is known as a risk factor for
235 increasing gastric pH (Halas et al., 2007). It is generally believed that dietary protein
236 levels influence gastric pH of the weaned pigs due to the buffering ability of some AA
237 with basic side chains such as Lys, Arg and His (Partanen and Mroz., 1999). However,
238 several weaner pig studies fed high versus low protein diets and consistently reported
239 that dietary protein level did not affect gastric pH but affected pH in the jejunum and
240 ileum (Hoe et al., 2010), ileum (Nyachoti et al., 2006) and proximal colon (Wellock et
241 al., 2008a). These authors fed diets containing a wide range of protein (between 130 g
242 CP/kg to 240 CP/kg). Lack of dietary effects on gastric pH under such conditions
243 suggests that the buffering effect of dietary protein was not a contributing factor for
244 gastric pH, but increased pH in the lower part of the intestine could be due to
245 increased protein fermentation by-products such as ammonia, indoles, phenols,
246 amines, BCFA and sulphuric-containing compounds, that are known to increase pH in
247 the large intestine (Jensen, 2001). Nevertheless, maintaining gastric pH as a first line
248 defence mechanism for introduction of pathogenic bacteria is well documented (Halas
249 et al., 2007), and formulation of diet with lower buffering capacity are broadly
250 accepted in the commercial production system to address the limited stomach barrier
251 function at weaning.

252

253 ***4.1.2. Dietary protein and intestinal response to ETEC infection***

254 It is thought that reducing dietary protein level decreases nitrogen flow in the
255 GIT and decreases protein fermentation (Nyachoti et al., 2006). However,
256 physiological evidence in support for this hypothesis is rarely published. In a recent
257 study, Heo et al. (2010) fed either 239 g CP/kg or 190 g CP/kg weaner diet to 3-week-

258 old pigs without and with ETEC infection and found that nitrogen (N) digestibility at
259 the terminal ileum was not affected by dietary protein levels but ileal N flow was
260 significantly lower in the pigs fed the lower protein diet due to reduced protein intake,
261 although the feed intake was not different. Consequently, protein fermentation indices
262 such as plasma urea nitrogen and ammonia nitrogen content in all parts of the GIT
263 were significantly lower in pigs fed a lower protein diet (Table 1). Finding that dietary
264 protein level did not affect the ileal N digestibility is consistent with the finding that
265 feeding 173 g CP/kg diet did not affect jejunal brush border peptidase activities
266 compared with pigs fed a 222 g CP/kg diet (Opapeju et al., 2009b). However, when
267 pigs are infected with ETEC, ileal N digestibility was significantly compromised and
268 hence increased ileal N flow and N fermentation by-products in the small and large
269 intestine (Table 1). As a consequence, feeding a high protein diet in ETEC-infected
270 pigs significantly increased the incidence of PWC compared with other treatments
271 including feeding a high protein diet without ETEC infection. These studies clearly
272 demonstrated that feeding a high protein diet under high sanitary conditions and low
273 bacterial challenges may not compromise intestinal barrier function but can extend the
274 severity of the infection in a commercial production system where continual bacterial
275 challenges exist.

276

277 **[Table 1 about here]**

278

279 **4.1.3. Dietary protein and intestinal microbes**

280 Undigested fermentable protein substrates in the GIT affect microbial
281 populations (Wellock et al., 2006; Bhandari et al., 2010) although the effect could be
282 dependent on the available carbohydrate substrates for microflora in the digesta (Heo
283 et al., 2008). It was suggested that available fermentable protein substrates in the
284 intestinal contents can change the saccharolytic: proteolytic microbes ratio, and can
285 generate potentially harmful epithelial irritants such as BCFA, ammonia, amines,
286 volatile phenols and indoles (Williams et al., 2001) which will compromise intestinal
287 barrier functions. Specifically, ammonia in the GIT can disturb maintenance of gut
288 integrity (Lin and Visek, 1991; Nousiainen, 1991). Effects of dietary protein levels on
289 microbial populations were studied using culture-based technique by Wellock et al.
290 (2006), who demonstrated significantly decreased *Lactobacilli* to Coliform ratio
291 mainly due to increased Coliform populations in the faeces and proximal colon

292 samples of pigs fed increasing dietary crude protein from 103 g/kg to 230 g/kg.
293 However, this culture-based technique provides limited information on microbial
294 population and the information for overall bacterial density and diversity is not readily
295 available. More recently, Opapeju et al. (2009a) used the 16S rDNA fragment-based
296 technique (Terminal-Restriction Fragment Length Polymorphism, T-RFLP) to
297 investigate alterations of bacterial populations in pigs fed either 176 g CP/kg or 225 g
298 CP/kg diets. The pigs were challenged with ETEC K88 on day 8 post-weaning and
299 pigs were euthanized on -1, 3 and 7 day post-infection. Colonic digesta collected 7
300 days post-infection showed that feeding a higher protein diet was associated with
301 higher prevalence of family Clostridiaceae and genus Clostridium, which are
302 predominantly proteolytic microbes, and reduced prevalence of the order Clostridiales,
303 particularly the family Lachnospiraceae and genus Roseburia, which are
304 predominately saccharolytic microbes, especially butyrate producers (Opapeju et al.,
305 2009a). Also, pigs fed a higher protein diet had a more dense and diverse microbial
306 population in the colon at day 7 post-infection. These data support the notion that
307 feeding a lower protein diet can alter the saccharolytic: proteolytic microbe ratio in
308 the GIT in a favourable direction for intestinal barrier functions. In the subsequent
309 measurement of fermentation by-products and ileal histology, it was demonstrated
310 that such microbial manipulation through feeding a low protein diet reduced colonic
311 ammonia production and better maintained intestinal integrity (villous height:crypt
312 depth) (Opapeju et al., 2009a).

313

314 ***4.1.4. Dietary protein and intestinal permeability***

315 We are not aware of any study conducted to date to elucidate whether
316 microbial and histological alterations due to the dietary protein levels affect
317 transcellular and paracellular permeability. However, pigs fed a higher protein diet
318 would have a higher risk of infection than pigs fed a lower protein diet because it is
319 evident that feeding a higher protein diet stimulates proteolytic microbes, such as *E.*
320 *coli* and *C. perfringens*, increases protein fermentation by-products, and reduces
321 intestinal integrity (Lin and Visek, 1991; Nousiainen, 1991). Also, and mounting rat
322 small intestine in an Ussing chamber, Go et al. (1995) found that the presence of
323 bacterial endotoxins (i.e., lipopolysaccharides) in the luminal content increased
324 proportion of rats with labelled *E. coli* permeability from 14% in control rats to 78%
325 in lipopolysaccharide-injected rats. In this regard, an interesting study was conducted

326 with 21-day-old pigs, where pigs were fed either 63, 103, 151, 208 or 249 g CP/kg
327 diet and euthanized at 43 days of age (Gu and Li, 2004). Unfortunately the diets were
328 not formulated to contain similar essential amino acid levels or ideal patterns of amino
329 acids, which affected epithelial protein content and growth of intestinal organ
330 especially in the diets containing less than 208 g CP/kg. Nevertheless, feeding 249
331 CP/kg diet significantly increased the intraepithelial lymphocytes in all part of the
332 small intestine and decreased goblet cells in the distal jejunum compared with pigs fed
333 a 208 g CP/kg diet (Gu and Li, 2004). These findings could suggest that increased
334 proteolytic microbes and protein fermentation by-products in the GIT of the pigs fed a
335 high protein diet may have increased intestinal permeability and hence have increased
336 immune response. Pié et al. (2007) also found that an increasing proportion of ileal
337 BCFA content up-regulated pro-inflammatory cytokines such as interleukin 8 (IL-8),
338 IL-12p40 and IL-18 mRNA expression in the homogenised ileal tissue samples,
339 suggesting that small intestinal protein fermentation is associated with increased
340 expression of pro-inflammatory cytokines.

341

342 ***4.1.5. Recommended dietary protein levels***

343 Recommending low dietary protein levels for the pigs in the immediate post-
344 weaning period is sometimes problematic because low protein diets without the
345 appropriate balance of supplemented crystalline amino acids is known to compromise
346 performance of pigs (Nyachoti et al., 2006), and use of a low protein diet with
347 crystalline amino acid supplementation significantly increases diet cost. However,
348 Stein and Kil (2006) concluded that such a low protein diet for prevention of PWC
349 should be formulated to less than 180 g CP/kg, although the performance of pigs
350 would be compromised if crystalline amino acids are not fortified to supply adequate
351 essential amino acid levels for growth. This conclusion is supported with many other
352 studies looking at effects of dietary protein levels on PWC (Nyachoti et al., 2006;
353 Stein and Kil, 2006; Heo et al., 2008; Opapeju et al, 2009b). Research by Heo et al.
354 (2008) for instance examined interactions between the duration of feeding and PWC
355 expression. The data in this study demonstrated that feeding a 180 g/kg protein diet
356 for 5-7 days post-weaning period can minimise expression of PWC. Therefore,
357 reduced growth caused by amino acid restriction for the short period time most likely
358 can be compensated if the pigs are fed a standard protein diet after the short period of
359 protein restriction (Stein and Kil., 2006).

360

361 **4.2. Dietary non-starch polysaccharides (NSP)**

362 *4.2.1. Dietary NSP and enteric disease*

363 Associations between dietary NSP and pathogen proliferation in the GIT of
364 weaner pigs were extensively studied (Hopewood et al., 2006; Kim et al., 2008;
365 Wellock et al., 2008b; Hermes et al., 2009; Molist et al., 2009; 2001) and positive
366 relationship between soluble NSP and the expression of PWC was reported
367 (McDonald et al., 2001; Hopewood et al., 2006). A recent epidemiological study in
368 Scottish farms examined the diet composition between farms without and with non-
369 specific colitis and found that feeding diets containing high NSP, specifically those
370 high in arabinose and xylose, had significantly higher incidence of non-specific colitis
371 (Chase-Topping et al., 2007). Therefore, the involvement of dietary NSP on
372 development of enteric diseases is quite clearly demonstrated but there are number of
373 questions need to be answered to fully understand the background mechanisms for the
374 association. The questions include: (1) does both soluble and insoluble NSP
375 encourage pathogen proliferation?; (2) does solubility or viscous forming ability of
376 NSP attribute to the increased pathogen proliferation in the GIT?; (3) does interaction
377 between dietary protein and NSP, which will eventually determine fermentable
378 carbohydrates:fermentable protein ratio in the lower small intestine, affect substrates
379 for pathogen in the lower intestine?; and (4) how much NSP is optimum for
380 prevention of enteric disease at immediate post-weaning period?

381

382 *4.2.2. Soluble NSP and expression of PWC*

383 A series of studies conducted in the 1990s at Murdoch University (summarised
384 by Hopwood et al., 2006) examined whether dietary soluble NSP are associated with
385 clinical expression of PWC in weaner pigs experimentally infected with β -haemolytic
386 ETEC (serotype O149:K91;K88, enterotoxins LT, STa, STb). The authors fed a wide
387 range of substrates including cooked rice, raw wheat, extruded wheat, pearl barley,
388 pearl barley with enzyme containing β -glucanase, xylanase and α -amylase,
389 carboxymethylcellulose (CMC) and guar gum, the latter two of which contain
390 viscous-forming soluble NSP, to weaner pigs challenged with β -haemolytic ETEC.
391 The studies showed that increasing amounts of soluble NSP linearly increased
392 intestinal viscosity and small intestinal viable counts of β -heamolytic ETEC (Figure

393 1). Inferences from these studies suggest: first, dietary soluble NSP but not insoluble
394 NSP is associated with proliferation of ETEC in the small intestine (Figure 1); second,
395 that the structure of soluble NSP is a contributing factor for the proliferation of ETEC
396 in the small intestine. In this regard, alteration of NSP structure by extrusion of wheat
397 increased ETEC proliferation while supplementation of NSP degrading enzymes to a
398 pearl barley-based diet decreased ETEC proliferation in the small intestine. This
399 means manipulation of NSP structure either through available processing techniques
400 or through use of NSP degrading enzymes can alter digesta viscosity and pathogen
401 proliferation in the GIT of young pigs; and third, viscosity but not fermentability of
402 NSP is the contributing factor for the ETEC proliferation in the small intestine as
403 CMC used in the study was non-fermentable but increased viscosity of digesta
404 (McDonald et al., 2001). In fact, unlike protein fermentation in the GIT, carbohydrate
405 fermentation is known to encourage proliferation of beneficial bacteria and produce
406 volatile fatty acids that are used for enterocyte proliferation (Williams et al., 2001).
407 The finding that increasing digesta viscosity contributes to ETEC proliferation
408 suggests that carbohydrate fermentation *per se* in the small intestine is not associated
409 with PWC (Bikker et al., 2006; Jeaurond et al., 2008). Rather the positive relationship
410 between dietary soluble NSP that increase digesta viscosity and small intestinal ETEC
411 proliferation is most likely a secondary effect as soluble NSP decreases digesta transit
412 time, nutrient digestibility and increases endogenous nitrogen flow in the small
413 intestine (Choct, 1997). More time for bacterial proliferation and more nitrogen
414 substrates from dietary and endogenous origins may provide the ideal environment for
415 proliferation of proteolytic microbes including most enteric pathogens in the small
416 intestine of pigs fed increasing dietary soluble NSP. The notion that non-viscous
417 soluble NSP do not encourage pathogen proliferation and hence expression of PWC
418 was supported in a recent study with ETEC-challenged weaner pigs (Wellock et al.,
419 2008b), as increasing NSP content that do not increase intestinal viscosity did not
420 increase PWD and increased colonic *Lactobacillus*:coliform ratio. The same principle
421 may extend to the understanding that fermentable but not viscosity-increasing NSP
422 such as fructooligosaccharides and sugar beet pulp encourage proliferation of
423 microbes such as *Lactobacillus acidophilus* and *Bifidobacteria* and reduce the
424 expression of PWC (Halas et al., 2009; Hermes et al., 2009). Also, a recent study
425 showed that feeding 70 g/kg type 2 resistant starch (resistant granules) as a raw potato
426 starch, which is not digested by host enzyme system but fermented by intestinal

427 microbes, significantly reduced faecal score in the first week after weaning (Bhandari
428 et al., 2009).

429

430 **[Figure 1. about here]**

431

432 **4.2.3. Insoluble NSP for prevention of PWC**

433 On the other hand, insoluble NSP has long been recognized as a dietary
434 component for decreasing expression of PWC in weaned pigs. Early evidence
435 reported by Smith and Hall (1968) suggested that incorporation of barley hull, which
436 is mostly insoluble fibre, prevented expression of PWC, while barley meal that
437 contains soluble β -glucan increased expression of PWC in ETEC-challenged pigs.
438 The role of insoluble fibre on enteric pathogen proliferation has been highlighted
439 recently. For example, supplementation of 20 g oat hulls/kg in diets for weaner pigs
440 significantly decreased expression of PWC in pigs fed a cooked rice- (Mateos et al.,
441 2006) and extruded rice- (Kim et al., 2008) based diet. Addition of 20 g pure
442 cellulose/kg in a wheat-, barley-, corn- and soybean meal-based diet decreased the
443 incidence of PWC from 50% to 16% (Hanczakowska et al., 2008) and from 23% to
444 8% (Swiatkiewicz and Hanczakowska, 2006), depressed proliferation of *E. coli* and
445 *Clostridium*, and increased villous height:crypt depth ratio by better maintaining
446 villous height and decreasing crypt depth (Swiatkiewicz and Hanczakowska, 2006;
447 Hanczakowska et al., 2008). Molist et al. (2009) demonstrated that supplementation of
448 80 g wheat bran/kg significantly decreased unbound water content and increased
449 butyric acid content in the colonic digesta. Another study by Molist et al. (2010)
450 showed in an *E. coli* K88 infection study that incorporation of both coarse or finely
451 ground wheat bran (40g/kg) decreased the *E. coli* K88 population in the ileal digesta
452 and ileal mucosa, microbial density in the ileal digesta, and decreased production of
453 valeric acids, which is produced from proline fermentation and irritants for epithelium
454 like other BCFA. However, the effects were more profound in the pigs fed coarsely
455 prepared wheat bran (Figure 2).

456

457 **[Figure 2. about here]**

458

459 Unlike viscous forming soluble NSP, insoluble NSP is known to decrease
460 digesta retention time and decrease small intestinal pathogen proliferation as evident
461 in the abovementioned studies. Although feeding insoluble NSP is known to increase
462 endogenous nitrogen flow as well, proliferation of nitrogen utilisers might be limited
463 due to shorter retention of digesta and presence of fibre which may attract
464 saccharolytic microbes. In fact, the concentration of insoluble NSP progressively
465 increases as the digesta moves posteriorly because other digestible nutrients will be
466 progressively digested and absorbed while insoluble NSP remain intact in the small
467 and large intestine.

468

469 ***4.2.4. NSP and intestinal barrier function***

470 The presence of insoluble fibre in the diet means continuous mechanical interaction
471 between digesta and the epithelial mucus layer. This mechanical contact may cause a
472 ‘wash-out’ of mucins and mucous-bound microbes, which could be a part of the
473 reason why mucous-bound *E. coli* was significantly decreased in the pigs’ ileal
474 epithelium when they were fed a diet containing wheat bran, especially coarsely
475 prepared wheat bran (Molist et al., 2010). Decreased microbial density in the ileal
476 digesta only in pigs fed a coarsely prepared wheat bran but not in pigs fed a finely
477 ground wheat bran in this study was most likely due to the increased digesta transit
478 time, and suggests that particle size of insoluble NSP is an important issue which
479 needs to be considered in GIT health. For example, gastric emptying (measured as %
480 DM in stomach content) in a finely ground barley-based diet was faster compared to a
481 coarsely ground barley-based diet in growing pigs (Simonsson and Bjorklund, 1978).
482 Nevertheless, inclusion of insoluble NSP in the form of cellulose or wheat bran is
483 known to increase mucin production and increase enterocytes and goblet cell turnover
484 in rats (Vahouny et al., 1985). Evidence also showed that insoluble NSP could reduce
485 intestinal permeability and bacterial translocation in the GIT. For example,
486 Mariadason et al. (1999) measured intestinal permeability using conductance and Cr-
487 EDTA flux method and reported a 20 % reduction in intestinal permeability in the
488 distal colon of rats fed a diet containing 100 g wheat bran/kg compared with rats fed a
489 diet without what bran. Another rat study conducted by Spaeth et al. (1990) examined
490 the incidence of bacterial translocation into the mesenteric lymph node in rats orally
491 fed either control TPN (total parental nutrition) solution, control + cellulose powder,
492 control + coarsely ground corn cobs or control + citrus pectin. The incidence of

493 bacterial translocation into mesenteric lymph nodes was significantly decreased in rats
494 fed cellulose (15%) and coarsely ground corncobs (30%) compared to rats fed the
495 control (70%) or citrus pectin (65%) diets. This particular study demonstrated that
496 insoluble fibre in the forms of cellulose or corncobs could reduce bacterial
497 translocation in the GIT, whilst the viscosity increasing soluble fibres did not
498 demonstrate such protected effect. Unfortunately, intestinal permeability in pigs upon
499 feeding varying types and concentrations of NSP has not been investigated to our
500 knowledge.

501

502 *4.2.5. Recommended NSP levels*

503 Evidence presented to date suggests that the amount of soluble and viscosity-
504 elevating NSP should be restricted and insoluble NSP should be included in the
505 practical formulation of diets for weaner pigs to minimise pathogen-originated enteric
506 disease such as PWC. The questions are, however, how much and what types of
507 insoluble NSP is/are required and at what levels should the soluble and viscosity-
508 increasing NSP be limited for prevention of PWC? High levels of insoluble NSP are
509 known to decrease nutrient digestibility (Lenis et al., 1996) and hence growth of pigs
510 (Degen et al., 2009). Bolduan et al. (1988) recommended 50 g crude fibre/kg weaner
511 diet for optimum hindgut development. Mateos et al. (2006) suggested 60 g NDF/kg
512 and the BSAS (2003) recommended 70 – 130 g NDF/kg weaner diet. However, as
513 NDF contains both soluble and insoluble NSP, these recommendations are not
514 specific enough to be used for the conceptual development of weaner diet for
515 prevention of PWC, although they are less problematic and costly to measure.
516 Nevertheless and based on the data presented above, it can be theorized that the
517 ‘ideal’ weaner diet should contain highly digestible cereal sources with a minimum
518 amount of soluble NSP and 20 – 100 g insoluble NSP sources such as oat hulls, pure
519 cellulose, barley hulls and wheat bran to minimise risk of PWC. However, as
520 discussed by Pluske et al. (2001), practical weaner diets contains cereals, legumes
521 and/or oilseed meals that contain considerable amounts of both soluble and insoluble
522 NSP. It is estimated that a typical wheat-based weaner diet contains between 70 – 110
523 g NDF and 30 – 50 g ADF/kg. Further difficulties in recommending NSP levels also
524 originates from the diversity of fibre structure and the generic lack of information
525 about NSP fermentability and their ability to increase intestinal viscosity. Published
526 studies used diverse types and levels of NSP, not all of which are “practical”

527 ingredients (eg, semi-synthetic diet or highly digestible cereal sources), which make
528 comparisons difficult.

529 Nevertheless, several recent studies using mostly insoluble NSP in the form of
530 a large particle size showed promising results to minimise expression of PWC in
531 commercial weaner diets containing considerable soluble NSP. For example, the
532 study conducted by Molist et al. (2010) used a diet containing corn (320 g/kg), wheat
533 (200 g/kg), barley (170 g/kg) and soybean meal (140 g/kg). If the NSP contents of this
534 basal diet are calculated using typical NSP content reported by Bach Knudsen (1997),
535 the total and soluble NSP contents of the diet are 167 g/kg and 45 g/kg. In this
536 “commercial” weaner diet supplementation of 40 g coarsely prepared wheat bran
537 significantly decreased expression of PWC at 48 and 72 hours (faecal score 1.5 vs. 0.5,
538 $P < 0.05$) post-infection with *E. coli* K88, through decreasing *E. coli* K88 population in
539 the ileal digesta and ileal mucosa (See Figure 2). This result may indicate that even
540 though this “commercial” weaner diet contained considerable amounts of soluble NSP,
541 their potentially deleterious effects can be mitigated by addition of coarsely prepared
542 insoluble NSP, which may disperse the viscous network formed by the interaction
543 between soluble NSP and water (Choct, 1997) in the digesta and hence increase
544 digesta flow. This notion is supported by the subsequent finding in this trial that
545 supplementation of coarsely prepared wheat bran significantly decreased proline
546 fermentation by product and microbial density in the GIT (see Figure 2). Further
547 research looking at the effects of particle size of a range of insoluble fibre sources to
548 titrate the effects of insoluble and soluble NSP in commercial weaner diets to
549 minimise expression of PWC is warranted.

550

551 **4.3. Dietary protein and NSP interaction**

552 A recent study showed that clinical expression of PWC could be dependent on
553 the balance of fermentable carbohydrates and proteins available in the GIT rather than
554 absolute amount of protein or NSP in the digesta (Kim et al., 2008). In this study the
555 authors fed diets based on extruded rice or raw wheat without and with 20 g/kg oat
556 hulls containing 190 – 200 g protein/kg diet. The protein sources were all animal
557 proteins to limit other source of NSP in the diet. The basal diets without oat hulls
558 contained 3 g and 11 g soluble NSP and 9 g and 66 g insoluble NSP/kg diet,
559 respectively for extruded rice and raw wheat-based diets. Interestingly, expression of
560 PWC was higher only in pigs fed an extruded rice-based diet without oat hull

561 supplementation while the pigs fed a wheat-based diet without oat hulls did not
562 develop PWC. This interaction may possibly indicate that the ratio between
563 fermentable protein and carbohydrates in the GIT could affect the development of
564 PWC. Williams and Gidley (2007) mentioned that fermentation in the GIT is an
565 energy-dependent process and energy is the limiting factor for microbial fermentation.
566 Therefore, if energy sources are depleted then intestinal fermentation becomes
567 increasingly proteolytic. Moreover, more protein in the lower GIT is known to
568 increase saccharo-proteolytic microbes, which primarily gain energy from
569 carbohydrate fermentation when the protein:carbohydrate ratio in the ileal chyme is
570 low, but are able to proliferate and ferment protein to gain energy when there is
571 increased availability of fermentable protein (Roy, 1969; Abe et al., 1995; Nollet et al.,
572 1999). However the papers (Bikker et al., 2006; Jeurond et al., 2008; Hermes et al.,
573 2009) examined the interactive effect of protein and fermentable carbohydrate levels
574 on gut development and intestinal fermentation showed equivocal results. For
575 example, factorial experiments conducted by Bikker et al. (2006) and Jeurond et al.
576 (2008) found no interaction and increasing fermentable carbohydrate consistently
577 increased carbohydrate fermentation by-products such as straight-chain volatile fatty
578 acids, while increasing dietary proteins increased protein fermentation by-products
579 such as ammonia, biogenic amines and BCFA. In contrast, Hermes et al. (2009) found
580 an interaction between dietary protein and fibre in the incidence of diarrhoea, number
581 of antibiotic treatment and BCFA production (Table2). The results showed that these
582 measures were increased by supplementing partly fermentable fibres (40 g wheat bran
583 + 20 g sugar beet pulp) in a low protein diet (160 g CP/kg), while supplementation of
584 partly fermentable fibres in a high protein diet (200 g CP/kg) decreased diarrhoea,
585 antibiotic treatment and BCFA production. The increased incidence of diarrhoea in
586 the sugar beet pulp-supplemented low protein diet is an unexpected result given the
587 demonstrated positive effects of sugar beet pulp or wheat bran on pathogen population
588 in the GIT (Bikker et al., 2006; Molist et al., 2009, 2010). However, Hermes et al.
589 (2009) was using rice and barley-based diet and had much lower fibre levels
590 compared with the other studies (Bikker et al., 2006; Jeurond et al., 2008), and found
591 that the viscosity of colonic digesta was higher in the low protein and high fibre diet
592 compared with the high protein and high fibre diet, which may be the cause of the
593 interaction. Nevertheless, clarification is required and interaction between fermentable

594 protein and carbohydrate for manipulation of intestinal microflora warrants further
595 investigation in relation to the intestinal barrier function and expression of PWC.

596

597 [Table 2 about here]

598

599 **4.4 Minerals and intestinal barrier function**

600 **4.4.1. Zinc oxide**

601 Use of pharmacological levels of zinc oxide (ZnO) in diets for weaner pigs is
602 widely accepted in the pig industry worldwide as a first choice for replacement of in-
603 feed antibiotics due to its proven effects on performance and PWC through inhibiting
604 cAMP-stimulated chloride secretion (Hoque et al., 2004). It has been perceived that
605 pharmacological levels of ZnO may decrease ETEC colonisation and bacterial
606 population in the GIT as ZnO exhibits bactericidal effects *in vitro* (Soderberg, et al.,
607 1990). Interestingly, results from early *in vivo* studies using culture-based techniques
608 indicated that 2,500-3,000 ppm of dietary ZnO did not influence *E. coli* population in
609 the faecal (Jensen-Waern et al., 1998) and ileal digesta (Li et al., 2001). Moreover, a
610 more recent study using 16S rRNA gene sequencing technique demonstrated that
611 2,500 ppm of ZnO significantly suppressed gram positive commensal microbes such
612 as *Lactobacillus amylovorus*, *Lactobacillus reuteri*, and *Streptococcus alactolyticus*
613 throughout the GIT but did not inhibit growth of potentially pathogenic gram negative
614 microbes (Hojberg et al., 2005). Also, a recent *in vitro* study which examined *E. coli*
615 K88 growth in tryptic soy broth dilute showed that addition of 250, 2,000, 3,000 and
616 5,000 ppm of ZnO did not suppress growth of *E. coli* K88 while zinc sulphate and
617 copper sulphate did (Hardy et al., 2003). Accordingly, these data suggest that
618 suppression of PWC and growth promotion effects seen with high levels of ZnO
619 supplementation in diets for weaner pigs are not associated with ETEC elimination in
620 the GIT.

621 Rather, several studies have underpinned the mechanism of the effect of
622 supplemental ZnO on prevention of PWC and suggest that improved intestinal barrier
623 function and immune function could be attributable. For example, Li et al. (2001)
624 reported that supplementation of 3,000 ppm ZnO increased mucus thickness, villous
625 height, villous width, and villous height:crypt depth ratio, and decreased crypt depth
626 in the small intestine of 33-day-old pigs (weaned at 21 days). In an *in vitro* study
627 using the human Caco-2 enterocyte model, Roselli et al. (2003) showed that exposure

628 to ETEC increased transcellular and paracellular permeability measured as TEER and
629 ¹⁴C inulin transfer, and up-regulated expression of inflammatory cytokines such as IL-8
630 and tumour necrosis factor- α (TNF- α) in the enterocytes. However, addition of 5
631 mmol/L ZnO maintained the transcellular and paracellular permeability to the pre-
632 ETEC treatment level. Also, addition of 0.2 mmol/L ZnO significantly reduced ETEC
633 adhesion and reversed the RNA expression levels of inflammatory cytokines. An *in*
634 *vivo* weaner pig study confirmed part of the *in vitro* study conducted by Roselli et al.
635 (2003). This particular *in vivo* study conducted by Zhang and Guo (2009) used piglets
636 weaned at 24 days and fed either control diet or diets containing 2,000 ppm ZnO or
637 tetrabasic zinc chloride. Both zinc products reduced expression of PWC and
638 decreased paracellular permeability measured as urinary recovery of lactulose and
639 mannitol. This study also analysed mRNA expression of tight junction proteins
640 Occludin and ZO-1 in the ileal mucosa, and found that both zinc products
641 significantly increased expression of these tight junction proteins in the ileal
642 epithelium. Furthermore, an *in vivo* study was conducted using piglets weaned at 21
643 days with a lipopolysacchride injection model to quantify pathogenic bacterial
644 translocation into the mesenteric lymph nodes (Huang et al., 1999). Pigs fed a ZnO
645 supplemented diet (3,000 ppm) significantly reduced the percentage of pigs having
646 translocated pathogens such as *E. coli* and *Enterococcus* spp. into the small intestinal
647 mesenteric lymph nodes (from 89% to 33%), suggesting reduced paracellular
648 permeability in the ZnO fed pigs.

649 Such evidence suggests that a high level of dietary ZnO reduces expression of
650 PWC through reducing ETEC adhesion and intestinal permeability rather than
651 manipulating pathogen population in the GIT. Although having proven beneficial
652 effects, supplementation of a pharmacological level of ZnO in diets for weaner pigs
653 has been criticised as increased zinc excretion in the effluent system can cause
654 environmental pollution and some European countries have banned the use of high
655 levels of ZnO in diet for pigs. Recently, microencapsulated zinc oxide was released in
656 the market and the lipid-coated ZnO has been claimed to dramatically decrease
657 inclusion of ZnO from 2,500-3,000 ppm to 100 ppm to achieve the same effects on
658 PWC. A recently completed experiment used 21-day-old weaner pigs and fed either
659 control, control + 3,000 ppm ZnO or control + 100 ppm microencapsulated ZnO diet.
660 Half of the pigs in each treatment group were experimentally infected with β -

661 haemolytic ETEC (serotype O149:K91;K88) and the expression of PWC and plasma
662 and faecal zinc concentrations were measured. The results showed that inclusion of
663 100 ppm microencapsulated ZnO suppressed the expression of PWC in both ETEC-
664 infected and non-infected pigs, and kept the plasma and faecal zinc levels to the levels
665 of that found in the pigs fed a control diet (Kim et al., unpublished data, Table 3).
666 Although further research is required to elucidate whether the use of low levels of
667 microencapsulated zinc affects intestinal barrier functions *in vivo*, the technology
668 could be pivotal to reduce expression of PWC by supplementing ZnO in the diets for
669 pigs without compromising environmental issues.

670

671 **[Table 3 about here]**

672

673 **4.4.2. Iron and phosphorus**

674 The published literature suggests that high levels of dietary iron and
675 phosphorus can either directly compromise intestinal integrity and barrier function, or
676 indirectly increase pathogen susceptibility by stimulating bacterial growth. Iron
677 supplementation is known to increase bacterial proliferation in body fluid and increase
678 infection in guinea pig and rat studies (Bullen et al., 1978). An early pig study showed
679 that intramuscular injection of 400 mg iron dextran on day 3 increased serum iron
680 concentration but had significantly lower serum iron binding capacity on day 14 than
681 pigs injected 100 mg iron dextran (Knight et al., 1984). A human study showed that
682 oral supplementation of 120 mg iron as ferrous fumarate but not 200 mg intravenous
683 iron supplementation as iron sucrose significantly increased clinical disease score in
684 patients with inflammatory bowel disease (Erichsen et al., 2005). A recent Holstein calf
685 study showed that dietary supplementation of 750 mg iron as iron sulphate increased
686 hepatic expression of hepcidin, which is a signalling molecule to reduce iron
687 absorption, and decreased duodenal transcellular and paracellular permeability
688 (Hansen et al., 2010). Also, a recent weaner pig study demonstrated that a higher
689 dietary iron level (100 mg vs 500 mg iron as iron sulphate) caused villous atrophy and
690 significantly decreased duodenal transcellular and paracellular permeability (Stahl,
691 2009). Stahl (2009) stressed that iron content in the diet for weaner pigs can easily
692 exceed by up to 5-fold the NRC recommendation (NRC 1998) by including blood
693 meal, dicalcium phosphate and limestone in diets, for example. Therefore, it appears

694 that iron levels in diets for weaner pigs should be watched closely and be limited
695 within the recommended level of 100 mg/kg to maintain intestinal barrier function.

696 Dietary phosphorus (P) level is another concern for intestinal bacterial growth
697 as P is the fundamental component for formation of bacterial cell membranes.
698 Miettinen et al. (1997) demonstrated that P concentration in water stimulated
699 heterotrophic microbial growth while other mineral sources such as K, Mg, Ca, Na
700 and Cl did not stimulate growth of such microbes. The study suggested filtration of P
701 to reduce water P level for prevention of heterotrophic microbial growth in drinking
702 water. Metzler et al. (2008) conducted an interesting study that fed either a low-P diet
703 (3 g P/kg), a high-P diet (7 gP/kg), and a low-P plus 1,000 FTU phytase/kg diet, to
704 30-kg ileal T-cannulated pigs. The study found that increasing dietary P increased
705 bacterial P assimilation while use of phytase in the low-P diet decreased bacterial P
706 assimilation in the ileal and faecal samples. The authors concluded that reducing
707 intestinal availability of P for bacteria could reduce bacterial activity in the GIT of
708 pigs. A follow up study demonstrated that increased intestinal calcium (Ca)
709 availability decreased the number of gram-positive bacteria, whilst increased small
710 intestinal P availability stimulated growth of strictly anaerobic bacteria such as the
711 *Clostridium coccooides* cluster, *Clostridium leptum* cluster, *Bacteroides-Prevotella-*
712 *Porphyromonas* group (Metzler-Zebeil et al., 2010). These data suggest that P is an
713 important element for stimulation of certain bacterial growth in the pig's GIT and
714 further study is warranted to clarify whether the intestinal P availability is associated
715 with GIT barrier function in weaner pigs.

716

717 **5. Conclusion**

718 Pigs at weaning are exposed to nutritional, immunological and psychological
719 stressors and consequences of the exposure are damage in intestinal architecture and
720 reduction in intestinal barrier functions. These events at weaning greatly increase
721 susceptibility of the GIT to pathogens and many pathogen related diseases such as
722 PWC are commonly occur in commercial production system. Evidence presented in
723 this review indicates that such pathogen-originated diseases are closely associated
724 with dietary components and intestinal barrier functions can be maintained through
725 manipulation of dietary protein, NSP and mineral levels. Especially, the use of a
726 reduced protein diet for at least 7 days immediately after weaning, limitation of
727 viscosity-increasing soluble NSP content while including 20 – 80 g/kg insoluble NSP

728 source in the diet, and limitation of iron to 100 mg/kg are important dietary strategies
729 to maintain intestinal barrier function and to minimise PWC. Further research to
730 elucidate roles of available P, protein and NSP interaction, type and level of NSP on
731 intestinal barrier function and development of enteric disease in weaner pigs are
732 warranted.

733

734

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Table 1. Effect of dietary protein level (PL), experimental ETEC (serotype O149;K91;K88) infection (I) and duration of feeding after weaning (T) on apparent ileal digestibility (AID) of N, ileal N flow, PUN, ammonia-N contents in the gastrointestinal tract (GIT) and incidence of post-weaning diarrhoea (PWD) (after Heo et al., 2010)

Item	Non-Infected				Infected				SEM ¹	P-value ^{2,3}		
	HP		LP		HP		LP			PL	I	T
	d 7	d 14	d 7	d 14	d 7	d 14	d 7	d 14				
<i>n</i> =	6	6	6	6	6	6	6	6				
Total dietary N intake ⁴ , g/d	53	118	43	95	51	122	41	97	4.7	***	NS	***
AID, %	56	65	53	62	47	60	46	58	1.5	NS	*	***
Ileal dietary origin-N flow ⁵ , g/d	26	41	23	36	32	45	27	40	1.6	*	*	***
PUN, mmol/L	5.8	4.8	2.4	1.4	4.7	5.6	2.0	1.5	0.15	***	NS	NS
NH ₃ -N, mg/kg												
Ileum	47	57	32	38	55	65	35	43	1.9	***	*	***
Cecum	113	199	77	122	183	248	125	176	12.4	**	*	**
Proximal colon	273	350	186	233	362	406	246	289	11.5	***	***	***
Distal colon	318	413	271	318	389	449	330	387	13.2	**	*	**
Rectum	376	452	327	385	429	489	390	412	12.3	*	*	*
PWD ⁶ , %	1.2 ^a	0.0 ^a	0.0 ^a	2.4 ^a	7.1 ^c	3.6 ^b	1.2 ^a	1.2 ^a	0.44	*	**	NS

¹Pooled standard error of mean

²Significance level: NS: Not significant, * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$

³2- or 3-way interactions were not significant ($P > 0.05$)

⁴Total dietary N intake was calculated based on ADFI and PL

⁵Ileal N flow of dietary origin was calculated based on daily N intake and the apparent ileal N digestibility

⁶PWD is expressed as the mean percentage of days with diarrhea relative to the total 14 days after weaning. PL x I and PL x T interactions were significant at P<0.05.

Abbreviations are; HP = high protein (239 g CP/kg), LP = low protein diet (190 g CP/kg).

Table 2. Interactive effect of dietary protein content and dietary fibre on the incidence of diarrhoea, number of antibiotic treatments and viscosity and volatile fatty acid content in the colon of young pigs (Adapted from Hermes et al., 2009).

Item	160 g crude protein/kg		200 g crude protein/kg		SEM	P-value ³		
	Low fibre ¹	High fibre ¹	Low fibre	High fibre		Protein	Fibre	Interaction
<i>n</i> =	8	8	8	8				
Diarrhoea incidence	1.5	2.6	1.8	1.1	1.4	NS	NS	†
Number of antibiotic treatment	2.25	6.38	2.75	1.88	2.81	†	NS	*
Colon content								
Viscosity, log of cP, SR11	2.8	3.1	3.1	2.6	0.44	NS	NS	*
Total short chain fatty acid, mmol/L	126	147	146	155	20.2	†	*	NS
Acetic acid, % ²	51.2	55.5	53.0	63.4	4.47	NS	NS	NS
Propionic acid, % ²	30.8	27.6	31.7	26.5	4.29	NS	*	NS
Butyric acid, % ²	12.3	11.7	10.5	14.2	3.49	NS	NS	†
Branched-chain fatty acid, % ²	0.7	1.1	0.9	0.6	0.31	NS	NS	**

¹Low fibre: 5.3% NDF, High fibre: 7.15% NDF.

²Proportion of total short chain fatty acids.

³Significance level: NS: Not significant, † P < 0.10, * P < 0.05, ** P < 0.01.

Table 3. Effects of feeding diets containing either no ZnO (control), 3,000 ppm ZnO (ZnO) or 100 ppm microencapsulated ZnO (ME-ZnO) to 21-day-old pigs challenge with enterotoxigenic E. coli (ETEC) on the expression of post-weaning colibacillosis and plasma and faecal zinc concentration (Kim et al., unpublished data)¹

	No ETEC challenge			ETEC challenge			SEM	P-value ³		
	Control	ZnO	ME-ZnO ²	Control	ZnO	ME-ZnO		Diet	ETEC	Diet x ETEC
<i>n</i> =	12	12	12	12	12	12				
Diarrhoea index ⁴	13.1	0.0	6.0	16.1	5.4	3.4	4.8	***	NS	NS
Days with therapeutic antibiotic treatment ⁵	1.8	0.0	0.8	2.3	0.7	0.5	0.41	***	NS	NS
Plasma zinc, mg/L ⁶	0.73	2.48	0.65	0.64	2.28	0.83	0.146	***	NS	NS
Faecal zinc, g/kg ⁶	1687	13961	2694	1787	14329	2209	412.0	***	NS	NS

¹ Pigs in infection group experimentally were infected with β -haemolytic ETEC (serotype O149:K91;K88) on day 3 post-weaning by orally drenching 10 mL of ETEC (2×10^8 cfu/mL) solution.

²Shield Zinc®, Zamira Life Science Ltd., Victoria, Australia.

³Significance level: NS: Not significant, *** $P < 0.001$

⁴Expressed as the mean percentage of days with diarrhea relative to the total 14 days post-weaning.

⁵Mean days with therapeutic antibiotic injection to treat diarrhoea during 14 days post-weaning.

⁶Measure at 14 days post-weaning.

Figure 1. Relationship between soluble non-starch polysaccharides and viable small intestinal count of haemolytic ETEC. (Re-drawn from Hopwood et al., 2006)

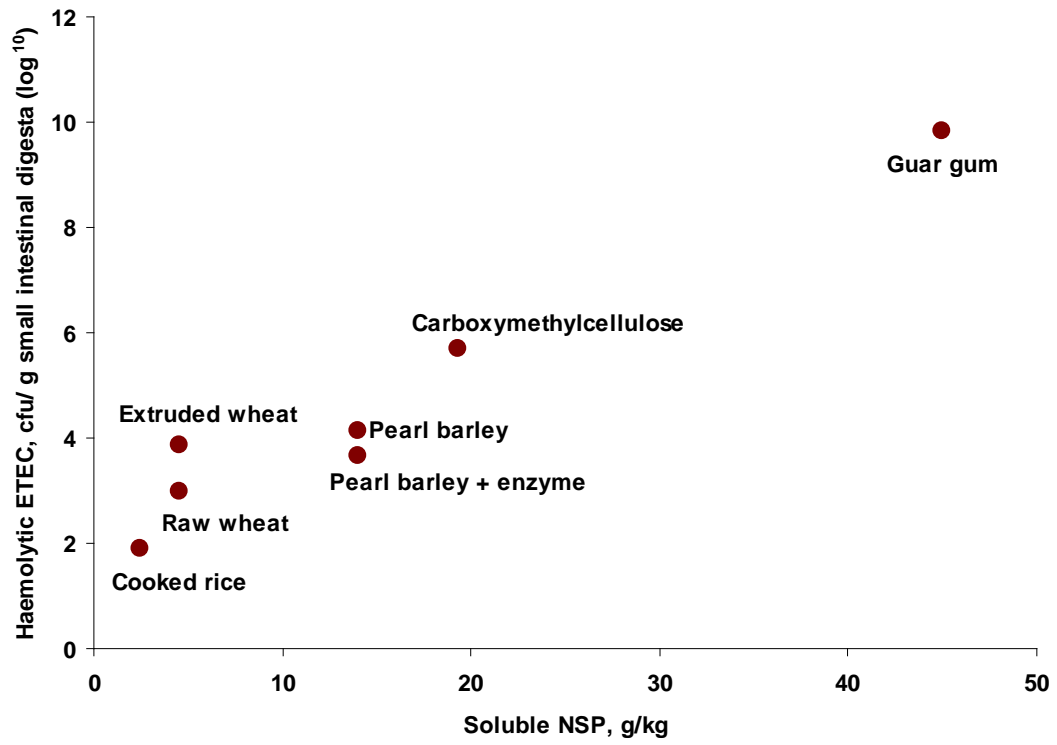


Figure 2. Inclusion of coarsely prepared 40 g wheat bran/kg in a diet for weaner pigs challenged with *E. coli* K88 decreased (a) ileal mucosa-bound *E. coli* K88, (b) microbial density in the ileal digesta, and (c) proportion of valeric acid in the faecal samples (Extracted from Molist et al., 2010). Menten mean (Machaelis-Menten mean) is an estimator of microbial richness

