Preterm Infants Have Deficient Monocyte and Lymphocyte Cytokine Responses to Group B Streptococcus

Andrew J. Currie,1,2* Samantha Curtis,2 Tobias Strunk,2 Karen Riley,2 Khemanganee Liyanage,2 Susan Prescott,3 Dorota Doherty,3 Karen Simmer,3 Peter Richmond,2 and David Burgher2,4

School of Veterinary & Biomedical Sciences, Murdoch University, Perth, Australia1; School of Paediatrics and Child Health, University of Western Australia, Perth, Australia2; School of Women’s and Infants’ Health, University of Western Australia, Perth, Australia3; and Murdoch Children’s Research Institute, Royal Children’s Hospital, Parkville, Australia4

Received 20 May 2010/Returned for modification 29 June 2010/Accepted 20 January 2011

Group B streptococcus (GBS) is an important cause of early- and late-onset sepsis in the newborn. Preterm infants have markedly increased susceptibility and worse outcomes, but their immunological responses to GBS are poorly defined. We compared mononuclear cell and whole-blood cytokine responses to heat-killed GBS (HKGBS) of preterm infants (gestational age [GA], 26 to 33 weeks), term infants, and healthy adults. We investigated the kinetics and cell source of induced cytokines and quantified HKGBS phagocytosis. HKGBS-induced tumor necrosis factor (TNF) and interleukin 6 (IL-6) secretion was significantly impaired in preterm infants compared to that in term infants and adults. These cytokines were predominantly monocytic in origin, and production was intrinsically linked to HKGBS phagocytosis. Very preterm infants (GA, <30 weeks) had fewer cytokine-producing monocytes, but nonopsonic phagocytosis ability was comparable to that for term infants and adults. Exogenous complement supplementation increased phagocytosis in all groups, as well as the proportion of preterm monocytes producing IL-6, but for very preterm infants, responses were still deficient. Similar defective preterm monocyte responses were observed in fresh whole cord blood stimulated with live GBS. Lymphocyte-associated cytokines were significantly deficient for both preterm and term infants compared to levels for adults. These findings indicate that a subset of preterm monocytes do not respond to GBS, a defect compounded by generalized weaker lymphocyte responses in newborns. Together these deficient responses may increase the susceptibility of preterm infants to GBS infection.

Streptococcus agalactiae (group B streptococcus [GBS]) is the leading infectious cause of death in the newborn (17), causing both early- and late-onset neonatal sepsis (EOS and LOS), characterized by septicemia, shock, and meningitis (16, 18, 31). The proportion of infants surviving extreme prematurity is increasing (11), and as a result preterm delivery is now the leading cause of neonatal morbidity and mortality. Preterm infants are exquisitely susceptible to both EOS and LOS; they suffer approximately a quarter of invasive GBS EOS cases and half of GBS LOS cases, with a >8-fold-greater mortality for EOS and 3-fold for LOS compared to term infants (29). While a proportion of the increased susceptibility to infection in preterm infants relates to the absence of passively acquired maternal IgG antibody deficiencies in the early immune response to bacterial pathogens likely play a critical role (23). Several studies have addressed neonatal adaptive and humoral immune responses, such as complement activation and antibody production, but there has been little focus on innate immunity to bacterial pathogens and its relation to adaptive responses in this population (23, 39).

Innate immunity provides the first line of defense against bacterial infection and is therefore particularly important in the neonatal period (9). Additionally, the innate immune system, through activation of specific pattern recognition receptors engaging pathogen-associated molecular patterns, drives inflammation and in turn initiates and shapes the adaptive immune response (28). The relative inability of the neonatal immune system to mount an effective T helper 1 (Th1) response to allergic and polyclonal stimuli is well documented (12, 21, 41) and is suggested to represent an evolutionary adaptation that protects the placenta from the proinflammatory cytokine tumor necrosis factor alpha (TNF-α) and the Th1 cytokine gamma interferon (IFN-γ) (43). However, most studies relate to the neonatal Th2 bias in response to allergic and polyclonal stimuli (30), with fewer data on lymphocyte-driven cytokine responses to bacterial stimuli. There is little information on innate and lymphocyte cytokine responses to GBS in preterm infants.

We therefore compared expression of monocyte- and lymphocyte-associated cytokines in response to heat-killed GBS (HKGBS) in preterm, term, and adult mononuclear cells and whole blood. We also examined the kinetics and cellular basis of these responses and examined whole-blood responses to live bacterial challenge.

MATERIALS AND METHODS

Study population and sample collection. The study was approved by the King Edward Memorial Hospital ethics committee, and written informed consent was obtained from parents/guardians. Cord blood from preterm infants (gestational age [GA], 26 to 33 weeks) and term infants (GA, >37 weeks) was collected within a few minutes of delivery from mothers without histologic evidence of chorioamnionitis (32). Manual full-blood counts done at the time of collection showed similar total white cell and monocyte counts for all newborn groups (data not shown). Cord blood mononuclear cells (CBMC) were isolated by Lymphoprep gradient centrifugation (Nycomed Pharmacia, Norway) before cryo-
results

impaired preterm cytokine responses to GBS. We compared the cytokine responses (TNF-α, IL-6, IFN-γ, IL-13, and IL-10) of preterm, term, and adult MNC after stimulation with either HKGBS or PHA. Two distinct stimulus-dependent patterns of responses were observed. First, the levels of all cytokines induced by PHA, except IL-13, were significantly lower for both the preterm and term infants in comparison to those for adult cells, but responses did not differ between the neonatal groups (Fig. 1 and 2). Responses to HKGBS were more complex. The levels of TNF-α and IL-6 were not significantly different between term infants and adults but were significantly lower for the preterm infants than for both term infants and adults (Fig. 2). As with PHA, levels of IFN-γ and IL-10 were significantly and equivalently lower following HKGBS stimulation for both preterm and term infants than for adults (Fig. 1).

source and kinetics of PHA- and GBS-induced cytokines. The distinct cytokine responses observed between preterm and term infants to GBS and PHA suggested that these stimuli might differentially activate specific MNC cell types. We therefore examined the kinetics of monocyte-, B cell- and T cell-specific cytokine responses to both HKGBS and PHA (Fig. 3).

Adult MNC were used in order to define a normal “competent” response to GBS and because of the larger cell numbers required. T cells were the major producers of TNF-α, IL-6, and IL-10 in response to PHA stimulation, with peak responses between 24 and 48 h and with 20 to 30% of all T cells responding. In contrast, <5% of all cell types produced IFN-γ in response to PHA. The kinetics and cellular source of cytokine responses to HKGBS varied with the type of cytokine. HKGBS-induced IL-10 was detected from 24 h to 48 h in <5% of all cell types, whereas B cells were the major producers of IFN-γ. This difference in kinetics might reflect both the different activation properties of preterm T cells and the differences in immunostimulatory activity of the two bacteria.
IFN-γ. In contrast, HKGBS-induced TNF-α and IL-6 were produced exclusively by monocytes, with peak responses after 6 h and ~40% of monocytes producing TNF-α but <10% producing IL-6. After 6 h, expression of both cytokines diminished rapidly. Dual staining confirmed that HKGBS-induced IL-6 and TNF-α were coexpressed (data not shown).

**Normal phagocytosis of GBS by preterm monocytes.** To determine if the lower levels of TNF-α and IL-6 in response to HKGBS for preterm infants might reflect an impaired capacity of monocytes to phagocytose HKGBS, we assessed nonopsonic and opsonic uptake of HKGBS. The preterm group was further differentiated as either extremely (<30 weeks) or moderately (31 to 33 weeks) preterm, to determine if there was a GA-dependent phagocytic deficiency. FACS analysis of MNC revealed that monocytes were the only cell phagocytosing HKGBS, regardless of opsonization status (data not shown). Phagocytosis of nonopsonized HKGBS by monocytes from all groups was efficient and equivalent, with at least 60% of the monocyte population ingesting HKGBS on average (Fig. 4B). Opsonization of HKGBS with complement increased monocyte phagocytosis in all groups, significantly so for the moderate preterm and term groups, with 10 to 20% more monocytes ingesting bacteria on average (Fig. 4B). There was no significant difference between the groups in the number of HKGBS phagocytosed per monocyte (determined by MFI; data not shown).
Reduced responsiveness of preterm monocytes to GBS. To investigate whether there was an intrinsic defect in preterm monocyte cytokine production, we examined HKGBS uptake and cytokine production on a per-cell basis. In all groups, monocytes were the sole source of both TNF-α and IL-6 (data not shown) and all cytokine-positive monocytes were also positive for internalized HKGBS (Fig. 5A). Notably, not all monocytes with internalized HKGBS secreted cytokine. Significantly fewer GBS-containing monocytes in the extreme preterm group were also IL-6 positive than was the case for term infants, and there was a trend toward fewer TNF-α-producing cells as well (Fig. 5B and C). The TNF-α and IL-6 responses of CBMCs from moderately preterm infants did not differ significantly from those for term infants or adults, although there was also a trend toward lower IL-6 production in this group. Opsonization of HKGBS did not increase the proportion of moderately preterm, term, or adult monocytes producing TNF-α but did significantly increase the proportion producing IL-6, 2- to 3-fold (Fig. 5B and C) (P < 0.03 for all groups, comparing nonopsonic to opsonic, using the Wilcoxon signed rank test). Importantly, opsonization of HKGBS failed to “normalize” cytokine production by monocytes from extreme preterm infants to levels comparable to those of other groups, with the significantly fewer monocytes producing either TNF-α or IL-6 in comparison to term infants or adults. There were no differences between the groups in the magnitude of the cytokines response per monocyte (as determined by MFI of positive cells; data not shown).

Cord blood responses to live GBS are impaired in preterm infants. We investigated whether the deficiency in preterm infants’ monocytic cytokine production in response to GBS was present in the most clinically relevant model: whole blood challenged with live GBS. Term cord blood and adult peripheral blood were responsive to all doses of live GBS, producing significant levels of TNF-α and IL-6 (Fig. 6A). However, the level of IL-6 produced by term cord blood was significantly higher (≥2.5-fold) than that produced by adult peripheral blood at all live GBS doses. TNF-α production was higher in adult blood at the lowest dose of live GBS (10^5/ml) but plateaued thereafter, whereas production by term blood was dose dependent (Fig. 6A). Preterm cord blood (<30 weeks) was less responsive than adult and term blood, requiring a log higher inoculum of live GBS to elicit detectable TNF-α production. Preterm infant TNF-α and IL-6 levels were lower than those of term infants, with differences reaching significance at higher GBS inocula (Fig. 6A). Preterm TNF-α levels were less than those from adult blood at all inocula, but IL-6 levels appeared to be higher than those for adult blood at doses of ≥10^6/ml, although this did not achieve significance (Fig. 6A). The monocyte-specific responses to live GBS, assessed by intracellular cytokine staining, mirrored the cytokine secretion data (Fig. 6B). As with HKGBS (Fig. 5), the proportion of preterm...
monocytes producing either TNF-α or IL-6 in response to live GBS was significantly lower than that in term infants. However, this effect was dose dependent, with the differences in TNF-α production significant at live GBS doses of $\leq 10^8$/ml, whereas the significant differences in IL-6 were observed only at $10^7$/ml. An examination of phagocytosis in whole blood (assessed by pHrodo-labeled heat-killed GBS) showed no difference in the capacity of monocytes from preterm infants to ingest HKGBS. Notably, preterm neutrophils showed significantly more uptake of HKGBS than adult neutrophils ($P < 0.05$) but not term neutrophils (Fig. 6C). The addition of RbC to whole-blood cultures did not alter phagocytic uptake by either monocytes or neutrophils from any group.

**DISCUSSION**

Preterm infants are particularly susceptible to GBS infection, with worse outcomes, but the underlying mechanisms remain unclear. We investigated the cellular and molecular competence of monocyte and lymphocyte responses to live and heat-killed GBS in preterm and term infants and adults. Our data indicate the following: (i) innate immune responses to GBS are driven by monocytes and are deficient only in preterm infants, particularly those with a GA of $\leq 30$ weeks; (ii) the deficient monocyte cytokine response of preterm infants to GBS is present in whole blood but is not limited by the degree of opsonic uptake of the bacteria; and (iii) newborn lymphocyte responses to GBS may be impaired in comparison to adult responses, regardless of GA. Our findings suggest a major impairment in immune responses to GBS in preterm infants, which is likely to contribute to their increased susceptibility.

**Deficient preterm monocyctic responses to GBS.** The rapid onset of GBS sepsis in newborns suggests that the early control of GBS infection requires adequate engagement of host innate immune defenses (16). Our kinetic studies using adult cells demonstrated that innate cytokine responses were activated...
within 6 h of exposure to HKGBS with monocyte-driven pro-inflammatory cytokine production. Notably, production of these cytokines by CBMC from term infants was not impaired relative to that for adults, and whole-blood responses exceeded adult responses. This suggests that the blood monocyte compartment of healthy, term infants is functionally competent in recognizing and responding to GBS. Several studies have demonstrated equivalent or greater inflammatory production by those from adults (4). However, they also noted that the levels of secreted cytokines produced by each group were not measured, and the study did not distinguish between any comparison.

Normal opsonic uptake of HKGBS by preterm infants. The relative impairment in inflammatory cytokine monocyte responses of very preterm infants did not result from a reduced capacity to bind and phagocytose nonopsonized or opsonized HKGBS, despite the requirement for bacterial internalization to induce cytokine. There is limited information on the effects of prematurity on monocyte phagocytosis, but studies on preterm neutrophils and preterm rabbit alveolar macrophages reported impaired bacterial uptake (13, 20). The uptake of preopsonized (pooled adult sera) *Escherichia coli* by peripheral blood neutrophils from stressed and well-preterm infants (GA = 28 to 36 weeks) was found to be modestly impaired in comparison to that of adults and healthy term infants (47). This study did not examine the cellular source of cytokine, but the authors speculated that the impaired response resulted from inherently defective monocyte function, as we have now demonstrated. Similar GA-dependent responses are reported following LPS stimulation (6), with infants with a GA of <32 weeks having a lower proportion of IL-6-producing monocytes (35). A recent study examining intracellular cytokine responses to GBS and other bacterial stimuli in preterm infants did not find a significant impairment in IL-6, -8, -10, and -12 production in comparison to that of term infants or adults, although responses were monocyte driven (40). However, the levels of secreted cytokines produced by each group were not measured, and the study did not distinguish between extreme and moderate preterm infants. Additionally, differences in the stimulation protocols used (prolonged brefeldin A exposure versus only a 4-h exposure in our study) complicates any comparison.

FIG. 5. Monocyte-specific TNF-α and IL-6 production with respect to GBS uptake. CBMC and PBMC were exposed to 1 × 10^8 CFU/ml pHrodo-HKGBS (plus or minus RbC) for 1 h and then washed and incubated for a further 4 h in the presence of brefeldin A before staining for intracellular cytokine. (A) Left panel, representative forward-scatter versus side-scatter FACS plot showing inclusion gate for monocytes; right panel, representative FACS plot showing monocyte-specific TNF-α production in association with ingestion of pHrodo-HKGBS. (B and C) Percentage of HKGBS-positive monocytes producing TNF-α or IL-6 (means ± SEM). n = 10 for the <30-week group, 13 for the 31- to 33-week and term groups, and 14 for adults. P values (Mann-Whitney test) are as displayed.
**aureus** was lower for preterm infants than for term infants and adults but could be increased by opsonization with adult plasma (10).

Impaired opsonic uptake of **GBS** in whole preterm blood might result from low levels of maternal **GBS**-specific antibody (15, 25) or deficient complement levels and activation (24). However, we found comparable levels of monocytic phagocytosis and apparently higher levels of neutrophil phagocytosis in fresh cord blood from extreme-preterm infants. Bialek and Bartmann (4a) examined phagocytosis of preopsonized **GBS** by neutrophils in the peripheral blood of preterm infants with a GA of <32 weeks and adults and found that phagocytosis (measured as a percentage of phagocytosing cells) was equivalent if pooled adult serum was used as opsonin but deficient in preterm infants if a pool of preterm serum was used. The opsonic effects seen with the adult and preterm serums used

---

**FIG. 6.** Fresh cord-blood responses to live **GBS**. (A and B) Fresh cord/venous blood IL-6 and TNF responses to live **GBS** determined by Bioplex assay of culture supernatants or by intracellular cytokine staining (of monocytes), respectively. Data shown are means ± SEM; n = 6 for preterm infants (<30-week GA), 8 for term infants, and 9 for adults. *, †, ‡, ††, ‡‡, P < 0.05; †††, ‡‡‡, P < 0.01, comparing responses between preterm and term infants (*), preterm infants and adults (†), or term infants and adults (‡) using two-way ANOVA with Bonferroni’s adjustment for multiple comparisons. (C) Phagocytosis of HK**GBS** by neutrophils or monocytes in freshly isolated cord blood from preterm infants (<30-week GA; n = 4) and term infants (n = 5) or venous blood from adults (n = 7), as determined by flow cytometry using pHrodo-labeled HK**GBS** (3 × 10⁷ CFU/ml). Data shown are means ± SEM. †, P < 0.05, comparing uptake by preterm cells to that by adults using two-way ANOVA with Bonferroni’s adjustment for multiple comparisons.
were heat sensitive and were not responsive to addition of GBS-specific antibodies, implicating complement as a major limiting factor. The fact that we could detect no defect in GBS uptake in preterm cord blood when it was added in unopsonized form and that addition of rabbit complement did not increase GBS uptake in any group suggests that there are sufficient opsonins available, at least in cord blood, to mediate initial GBS ingestion by the preterm infant. A detailed examination of preterm infant neutrophil and monocyte phagocytic capacity (for GBS and other pathogens) in cord and peripheral blood would be informative.

Overall, our findings, in keeping with published data on GBS and/or other bacterium-derived stimuli (6, 47), indicate that monocytes from preterm infants have an intrinsic, GA-related deficiency in their ability to recognize and respond to GBS. This may reflect fundamental impairment in the innate recognition systems broadly involved in host defense, such as the Toll-like receptors (TLR) or nod-like receptors (NLR) (16). TLR and NLR function in preterm infants is poorly understood, although recent data suggest this group has deficient responses to TLR2 and TLR4 agonists, possibly due to reduced MyD88 expression and p38 mitogen-activated protein kinase (MAPK) induction (34). Consistent with our findings, the greatest degree of impairment was seen in those born at a <30-week GA.

Our data would also suggest that this intrinsic defect is not common to all monocytes but instead resides in a specific subset that is capable of phagocytosis but not response to bacterial stimuli. Human monocytes consist of at least two functionally distinct subsets (CD14dim/CD16+ and CD14hi/CD16−) which differ in TLR expression and cytokine production (5, 37), although there is likely to be more complex functional heterogeneity (7). We did not find differences in the proportions of CD16+ and CD16− monocytes in unstimulated cord blood from preterm and term infants (data not shown). Further investigation of the development of the newborn monocyte system and the response to neonatal pathogens and bacterial ligands is warranted.

**Impaired newborn lymphocytic responses to HKGBS.** There is a general consensus that newborn lymphocyte/adaptive responses are impaired or immature compared to those of adults (3). A relative reduction in Th1 responses (IFN-γ) with concomitant Th2 polarization in the newborn is often emphasized (1, 2, 26), although more recent studies also suggest an impairment in newborn lymphocyte-derived regulatory cytokines (such as IL-10) and regulatory T-cell function as well (14, 36). We did find that IFN-γ and IL-10 production was lower in newborn CBMC than in adult PBMC following HKGBS and PHA stimulation, consistent with previous data (19, 45, 46). Our adult kinetic studies confirmed that both cytokines were produced in large part by T and B cells (especially after PHA stimulation), and we were able to detect lymphocytic proliferation in response to GBS that was impaired in CBMC. Reduced lymphocyte IFN-γ may reflect impaired IL-12 and IL-18 production induced by GBS (22) and, together with reduced IL-10, might suggest a bias toward Th2 responses to GBS in the newborn. IL-13 was indeed induced by GBS in our system, but the levels were relatively low and did not vary between newborns and adults. PHA-induced IL-13 responses were similar between groups, consistent with studies that demonstrate no inherent Th2 bias in newborn lymphocyte responses following mitogen stimulation (14). Our data would therefore suggest a general impairment in lymphocyte responses to GBS at birth, consistent with its role as a major pathogen in the first few days and weeks of life.

**Conclusion.** We have demonstrated that monocyte and lymphocyte cytokine responses of the preterm infant are functionally impaired, with the degree of monocyte impairment inversely correlating with GA. Failure to mount a coordinated and timely immune response to GBS in preterm infants is likely to contribute to increased susceptibility and worse outcomes. Future strategies that augment innate function and/or adaptive immunity (including regulatory cytokine induction) may reduce the burden of GBS disease, particularly in preterm infants and other high-risk groups.

**ACKNOWLEDGMENTS**

We thank the research assistants of the Vaccine Trials Group at the Children’s Clinical Research Facility, Perth, WA, for excellent technical assistance. We also thank the obstetric, midwifery and neonatal staff at King Edward Memorial Hospital for all of their assistance. We are very grateful to Lyn Gilbert, Director, Centre for Infectious Diseases and Microbiology, Institute of Clinical Pathology and Medical Research, Westmead Hospital, Sydney, for the original clinical GBS isolate and helpful preliminary discussions. Furthermore, we thank Anthony Keil, Peter Campbell, Cristina Farrar, and David Atlas (Department of Microbiology, PathWest Laboratory Medicine, Princess Margaret Hospital for Children, Child and Adolescent Health Services, Western Australia) for their assistance with bacterial cultures. A. J. Currie is supported by a fellowship from the BrightSpark Foundation. T. Strunk was supported by a Research Fellowship of the Deutsche Forschungsgemeinschaft (STR1022/1-1) and by an International Postgraduate Research Scholarship of the University of Western Australia. This study was supported by Princess Margaret Hospital, Women and Infants Research Foundation (Perth, Australia), the Clive and Vera Ramaciotti Medical Research Foundation, University of Western Australia, Rebecca Cooper Medical Research Foundation, Channel 7 Telethon, European Society for Pediatric Infectious Diseases, and the National Health and Medical Research Council, Australia.

**REFERENCES**

tion in the parents and infants of a large birth cohort. J. Immunol. 182:3285–
30. Prescott, S. L., et al. 1998. Transplacental priming of the human immune system to environmental allergens: universal skewing of initial T cell re-
270–278.
38. Strunk, T., M. Coombs, A. Carrie, P. Richmond, D. Golenbock, L. Stoler-
Barak, L. Gallington, M. Otto, D. Burgner, and O. Levy. 2010. TLR2 me-
diates recognition of live Staphylococcus epidermidis and clearance of bac-
292–300.
749–753.